

Se7en the Poet

Pushing the edge of social consciousness, championing the call of manhood, or simply encouraging one to be themselves, Varion “ Se7en” Howard is progressing Mind Frames in a style and flare that is all his own. He is vernacularly enticing with prose perfectly pitched to the voice and rhythm of today. Se7en has the ability to pull the chords of our souls making us laugh or cry, look deeper within, or simply enjoy the sweet pleasures of life. This ability truly makes him a rare jewel. Varion “Se7en” Howard is developing a platform not only to inspire but to be inspired. He is a poet, motivational speaker, author, and host of the longest running open mic poetry set in Houston, Texas.



Originating from Houston's Southside, Howard's prominent and prolific voice has established this gifted entertainer as Houston's Premier Inspirational Artist. Se7en - Houston's motivational diamond in the rough - is a graduate of Prairie View A&M University with undergraduate dual degrees in Psychology and Social Work and a Master's degree in Counseling. Howard's phenomenal motivational talent has taken the world by storm; "I didn't choose to inspire," he explains, "Inspiration chose me."

His versatility, humility, and fierce stage presence allows him to speak on life as it evolves. He creates "pulpit moments" with pieces like "Roll up the Window" as well as raw, edgy, uncut pieces like "Stand Up". You will feel that he is talking directly to you and your situation. His sincerity, presence, and spirituality make him relatable. Se7en's groundbreaking debut album entitled "Make Me Laugh, Make Me Cry" (2005) touches on aspects of life ranging from being your own worst enemy, to growth through knowing and loving yourself. The release of "Make Me Laugh, Make Me Cry" solidified Se7en's standing as a powerhouse in the poetry and motivational speaking arenas. Se7en's infectious stage presence coupled with his intellect has positioned him to change the way people experience poetry. "My goal is to bring poetry to the fore of entertainment. I want people to recognize poetry as a genre of entertainment that not only stands alone, but stands the test of time."

Website: <http://www.se7enthepoet.com>

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